**Cross over the Rainbow Bridge**

**and shine all your true colours**



Would you like to harness

the **power** and **confidence**

to **stand up** and **speak out** for yourself?

Discover how to **build**

a ‘**bridge** over troubled waters’ of the stories of your past.

Rewrite a new story using

Feldenkrais movements and sound to rewire your brain.

**Book NOW!**

for a **FREE** **Discovery Session** with Rhonda Ohlson

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